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Pacific Fitness: Opinions Georgi Ivanov 7 months ago Fantastic experience: All you want from a gym in one huge space, never queue for a machine or lifting platform and there is sufficient space to do mix modality workouts. Sean Davies 9 months ago Negative experience: Decided to have a look at this gym because I'd heard great things about it, only to be greeted with "we are a members only gym" after asking for a day pass. I'd have thought considering the place is charging £50 a month for membership, they'd give newcomers the opportunity to have an experience before committing to the extortionate fee. I was wrong. nicole garner 9 months ago Negative experience: Myself and fiancé , very experienced gym goers looking for a better gym to challenge us, visited this gym to check it out after hearing great things about it, knowing that it had a great range of equipment etc. Requested at the front if we could check it out and have a day pass before we committed to £50 EACH, which for business competition compared to every other gym is CONSIDERABLY MORE. We received an eye roll and an attitude filled 'no' by the male staff member 'members only' and he turned back around chatting to his friend, we were then directed to the door to leave! Very disappointed ... surprised you remain open with attitude like that for new members. I shall be warning others locally about you Storm Quintillani 11 months ago Fantastic experience: Amazing range of equipment great opening hours , dedicated friendly staff best gym in the area and free parking David Roberts 1 year ago Fantastic experience: Best gym around. Staff are awesome, tonnes of equipment and if you're a powerlifter it's heaven. Range of different bars, comp plates, racks and platforms to choose from Justin Walker 1 year ago Fantastic experience: Best gym about Alex Heath 1 year ago Fantastic experience: I've just started at this gym been here about 2 months this place is incredible hence a review really good equipment with stuff I've never seen before best gym I've ever attended can't wait to see the results which are already starting to show. Greg Ozzy 1 year ago Fantastic experience: With out a doubt the best gym in Wales It has everything, you have to see the 7 rooms to believe it! Oz Barber 1 year ago Fantastic experience: Best about Bruce Carmichael 1 year ago Fantastic experience: This gym has all the nice toys Mr Bevan 2 years ago Fantastic experience: High end equipment, always new kit arriving. Unbelievably friendly staff. Highly recommended ! ollie ingham 2 years ago Fantastic experience: I've been to gyms all around the UK and this is by far the best. You won't believe the amount of variety in equipment they have. Chloe Ali 2 years ago Fantastic experience: Love the place ♥ Excellent machines and the staff are friendly. Violet Schwarz 2 years ago Negative experience: Been there yesterday and traveled a long way. Shame no day passes to training. Tony H68 2 years ago Fantastic experience: Brilliant environment with abundance of equipment. Williams Motors 3 years ago Fantastic experience: The best gym I have ever been to and I am confident it is one of the best in the country. Staff are super friendly and always willing to help. All equipment is new or like brand new, clean and top of the range. All in all a super friendly gym which you will feel safe and right at home in. Gregoris Kozzamanis 4 years ago Fantastic experience: Ive been using Pacific Fitness for about a year now. Best gym i've used hands down. Helpful and supportive staff and everyone is down to earth. Plus i like that fact that gym rules are strictly enforced and everything is pit back and were it should be. Jake Pope 4 years ago Fantastic experience: The best stocked, the cleanest and the most respected gym I've ever been to, in and outside of Wales. The fact that everyone puts their plates back is amazing H2O Drinker 5 years ago Fantastic experience: Probably one of the best gyms in the country. Ethan Mason 5 years ago Fantastic experience: Incredible gym with top notch facilities that are ready for any level of trainer. James Bussey 5 years ago Fantastic experience: Best gym I've ever used. Great range of equipment, classes and approachable staff. Best thing about it is the strict enforcement of gym rules, other gyms should take note! Lisa Mullan 5 years ago Fantastic experience: Absolutely love this gym, staff are so friendly and welcoming towards me and my boys! Well recommended! J C 5 years ago Fantastic experience: Best gym about! Top class equipment, no sales gimmicks and facebook posts (like some other gyms) and everyone there to train properly. Top stuff! Lapis Arafá 5 years ago Positive experience: A very large gym with plenty of equipment to use. Staff are very friendly and are always willing to help. There are no water dispensers available so you have to use the bathroom sinks which are too small for many large bottles. Kyle Tansill 6 years ago Fantastic experience: Best Gym I've been to Paul Slocombe 6 years ago Fantastic experience: Best gym around, amazing and great staff and plenty of classes to choose from. I'll never join another gym Shane Cox 6 years ago Fantastic experience: If you are serious about fitness this is the place to be!!! Justin Price 6 years ago Negative experience: Disappointed! I had heard a lot of good things about this gym, and so I decided to check it out. it didn't live up to the expectations I had of it. it looked awesome on the website. it was no better than other gyms I have trained at. it also has a distinct lack of ½, 1 and 2k weights. I also had to pay £7.50 for a day pass when it's advertised as £5 on the website. the guy on reception said it had gone up, which is fair enough, but why is it still advertised as £5. if I had known that I wouldn't have gone there. £7.50 is a ripoff, especially when compared to other gyms which offer you a free pass and the opportunity to join with no set-up cost. I was prepared to pay £5 and a set up cost as this gym was recommended to me, despite being offered 2 free passes to 2 other gyms, with no set up costs. A very disappointing experience. I won't be returning, which is a shame. I had high hopes of this being my new gym. my search goes on for a gym and a pt. The 1 positive is one of the staff was very friendly, helpful and courteous. I think his name is Rob (I recognised him from the website). Ben 6 years ago Fantastic experience: Absolutely superb gym. Has everything you need plus much, much more. The gym has their own PT's and all members are happy to help as well as the great staff they have there. Superb knowledge and classes run daily along with a variety of martial arts up stairs. Great, clean changing rooms with lockers and showers. Highly recommended. M Mesbahi 6 years ago Positive experience: The go to gym, and not cheap. Minus 1 star for this that or the other, or half a star if I could. John Williams 6 years ago Fantastic experience: Excellent gym Rhiamydd Sandford 6 years ago Fantastic experience: The best gym around. If you haven't already, join now! Scott Davies (Scotticus) 6 years ago Positive experience: this gym is legendary, its got everything you need and much much more, the equipment there has made me stronger than i could imagine and the staff are the craziest coolest people around. if your serious about strength gains this is the gym for you Edit 2021 Once me and my wife where paying £50 for a couple. They have gotten rid of the joint and its now £50 per person. The gym has changed from an amazing community gym to an elitist gym where they only seem to care if you can improve their credibility Steven Groves 7 years ago Fantastic experience: Quality gym Jack 7 years ago Fantastic experience: Fantastic gym Brandon Williams 7 years ago Fantastic experience: Got everything Wayne Samways 7 years ago Fantastic experience: Great gym. Everything you need under one roof Terez Kyrios 7 years ago Fantastic experience: Great gym, 24 hour service Stuart Felix 7 years ago Fantastic experience: Great place for all your fitness and martial arts highly recommend it Gareth Oakey 7 years ago Positive experience: Great facilities, superb support network. Kenya Beaumont 8 years ago Fantastic experience: Loads of equipment, really friendly staff, great variety of classes on offer and other gym-goers are all polite and considerate and willing to offer advice should you want it!!! Chris boderick 8 years ago Fantastic experience: Awsome gym not another one like it it south wales Free shipping on orders over \$499* A locally owned company with an in-house service department committed to providing our customers the highest quality commercial fitness equipment and excellent customer service. Learn More Satisfied or refunded Free returns within 3 days of delivery Top-notch support Contact us by email or phone Secure payments Visa, Mastercard, Amex, PayPal If you want to appear in our list of gyms in Pontypridd or in our list of personal trainers in Pontypridd, you can register right now, appearing in our directory is completely free! Request free listing You can also contact us if you have detected an error in the data we already have about your company so that we can proceed to rectify it. Pacific Health & Fitness Ltd. Specialises in Nutrition, fitness and weight loss in Morningside, Auckland, New Zealand. The following description is a generic description for the category and does not necessarily reference all the services/ procedures offered by Pacific Health & Fitness Ltd. Nutrition, Fitness & Weight Loss Providers of advice and support to assist people needing to improve nutrition and fitness or who need to gain or lose weight. All customers (including pay as you go) subscribing or making payment to any plan automatically agree to the terms and conditions. For more information see the article: terms & conditions Subscribing to Pacific Gym is done easily through PayPal, which starts with immediate effect. Day Passes can be paid directly to the gym or through our partner payment provider GoCardless. Prices are subject to change and may increase or decrease, notifications will be made via letter posted in the gym reception before collecting payment. You agree to acknowledge and accept these notices on full display in advance to you. If you pay by paypal or GoCardless a notification may be emailed to you confirming the change in subscription payment (subject to your email account allowing our emails - you may need to check/adjust your spam settings). If you don't receive an email you acknowledge the notice on display in the gym reception. STEP 1: JOIN UP & PAY STEP 2: We will email or message you your digital membership bar code STEP 3: START TRAINING ASAP EXISTING MEMBERSHIPS WILL BE AUTOMATICALLY UPDATED *PROOF OF PHOTO ID/PROOF OF AGE/STUDENT ID/PROOF OF ADDRESS/UTILITY BILLS MAY BE REQUESTED UPON SIGNUP*