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Mike bender academy

Follow our social media channels for videos by Mike Bender, instructional tips, student success stories and MORE! This Summer let your child experience world-class golf instruction from some of the industries top professionals. The Mike Bender Golf Academy has designed multiple different summer camp programs, tailored to every level of junior golfer with your child's health, safety, and FUN in mind. Don't let your junior miss this! Register today for our 2025 Junior Golf Summer Camps! The Mike Bender Elite Golf Academy is designed from top to bottom to deliver a complete training experience in an intimate setting under the on-site guidance of one of the most accomplished teachers in the world. With boarding and non-boarding options available, if you are a young golfer dedicated to reaching your full competitive potential at the collegiate and professional ranks, this is the ideal program for you. Mike Bender Golf Academy 580 Shadowomss Circle Lake Mary FL. 32746 Our World-Class Training Facility Includes: Large grass tee and all-weather mats MEGSA Perfect Practice Equipment designed by Mike Bender to accelerate the training process 50 yard-long putting green Pitching green, practice bunkers and undulating pitching fairway Our world-famous Wedge Range Mirrors, practice walls, plane board and stretch cage Uneven lies station to practice all types of sidehill shots State-of-the-art putting studio with the SAM PuttLab computer Full service clubfitting and club repair center Fitness room Member lounge Showers and lockers Half-day facility usage (up to 3 hours practice); \$15 Full-day unlimited facility usage; \$25 Half-day facility usage (up to 3 hours practice); \$30 Full-day facility usage; \$50 Full use of academy facilities; \$175 MEGSA Perfect Practice Equipment ONLY; \$125 Individual Academy Membership*; \$300 MEGSA Perfect Practice Equipment ONLY; \$600 6-month Individual Academy Membership*; \$1,250 6-month Family Academy Membership*; \$1,750 * Rate includes unlimited practice balls, use of MEGSA Perfect Practice Equipment, use of academy training facilities including mirror, practice walls, uneven lies station, wedge range, putting green and short game area. Annual Junior Champions Membership; \$1,400 Annual Junior Membership (Under 18); \$1,750 Annual Adult Membership; \$2,000 Annual Family Membership; \$2,750 Membership Includes: • Unlimited practice balls Use of MEGSA Perfect Practice Equipment Use of all academy training facilities including the mirror, practice walls, uneven lies station, wedge range, and short game practice area One-hour lesson with Cheryl Anderson or Matt Wilkes One-hour clubfitting with Matt Wilkes A physical screening with academy physical therapist Scott Shepard An MBGA shirt, hat and member bag tag 10% discount off private instruction rates 15% discount on Mike Bender Golf Academy merchandise For more membership information or to schedule a tour call 407-321-0444 Photo Tour of Our New Facility "One of America's Top Three Best Teachers" - Golf Digest Growing up in Waterloo, Iowa, Mike Bender was an inveterate tinkerer. He would dismantle, then reassemble, radios, televisions, bicycles and anything else that could be taken apart and put back together. It was this razor sharp mechanical aptitude, an eye for detail and a passion for golf that have combined to allow this Midwestern native to become one of the top golf instructors in the world. Today, Bender can efficiently assemble a better golf swing for any golfer from rank beginners to the game's top touring professionals. This extraordinary knowledge combined with his ability to explain the necessary fundamentals in a clear and concise manner is why he is the 2009 PGA of America National Teacher of the Year, ranked among the Top Five Best Teachers in America by Golf Digest Magazine and, for more than a decade, has been included in GOLF Magazine's Top 100 Teacher list. As Bender has quickly achieved worldwide recognition among his peers, the game's top players have sought out his advice. Zach Johnson, 2007 Masters Champion, has trained with Mike since Johnson was launching his professional career on the mini-tours at the beginning of the decade. LPGA tournament winners, Seon Hwa Lee and Joo Mi Kim also have been working with Mike for years. More recently, PGA Tour veterans including Jonathan Byrd, Robert Damron and two-time U.S. Open champion Lee Janzen have put their faith in Mike. All told, Bender has helped nearly two dozen PGA, Champions and LPGA Tour professionals with their games. Many of these professionals have a high comfort level with Mike because they know he has been in their shoes. Bender was a three-time NCAA All-American (1978-1980) and two-time NCAA Division III individual champion (1979-1980) before spending three seasons on the PGA Tour from 1987-89. This high level of competition inspired Mike to search out top teachers to help him with his own game. During the 1980s while he was competing, he spent significant time learning about the golf swing from Ben Doyle, Mike Adams, David Leadbetter and Mac O'Grady, all of whom have been ranked among the 50 Greatest Teachers in America by Golf Digest. It was while working with these teachers that Bender's swing theories were refined. But having a solid understanding of the golf swing doesn't necessarily make a teacher great. The instructor must also have a burning desire to transfer this knowledge to actual improvement in each student's game. Mike not only wants to be able to explain how a student should make the most efficient golf swing possible, but he wants to make sure the student feels the proper swing for himself. Once the student can feel the proper motion, it becomes critical to find ways to enable the student to develop the correct motion even when the teacher isn't watching. Bender's revolutionary solution is called MEGSA PPE. For more than a decade Bender filled his garage designing prototypes of what was to become this breakthrough training system. The final result, which stands for Most Efficient Golf Swing Attainable Perfect Practice Equipment is now being used by more than a dozen touring professionals, including Johnson and Morgan Pressel. This comprehensive training station is located on a practice range or indoor facility and allows golfers to hit shots while avoiding the unit's adjustable bumpers which provide real-time feedback as to whether or not the club and body are in the preferred positions during the swing. Thousands of amateurs are already hooked on MEGSA PPE at select facilities around the country. While still in the early stages of the consumer roll out, Bender is working on plans to have MEGSA PPE equipped facilities throughout the world in the near future. Today, from his home base near Orlando at Magnolia Plantation Golf Club in Lake Mary, Florida, Bender continues to tinker, designing new training aids, refining MEGSA PPE and trying to understand in even more detail what traits can make a golf swing even more efficient and powerful. For Mike, it is a quest for perfection that will never be complete, it is also a quest that has already made Bender one of the finest instructors golf has ever known. Facts and Figures Teaching Experience 1986, Head Teaching Professional, Sunnyside CC, Waterloo, Iowa 1990-1991, Director of Instruction, Brooks Resort, Spirit Lake, Iowa 1992-Present, Director of Instruction at the Mike Bender Golf Academy, Lake Mary, FL Professional Training Prominent Instructors Mike has taken lessons from and has studied their philosophies include: 1980-1982 Ben Doyle-The Golfing Machine 1982-1984 Mike Adams 1984-1986 David Leadbetter 1986-1998 Mac O-Grady (MORAD) Accomplishments and Awards Ranked as one of the Top Three Best Teachers in America by Golf Digest (2019) Named the 2009 PGA of America National Teacher of the Year Ranked as one of the Top Five Best Teachers in America by Golf Digest (2011) Ranked by GOLF Magazine (since 1996) as one of the Top 100 Teachers in America North Florida PGA Section Teacher of the Year (1996, 1998, 2005, 2007) North Florida PGA Section East Central Chapter Teacher of the Year (1994, 1996, 1998, 2001, 2005, 2006, 2007) Speaker at the PGA Teaching and Coaching Summit (2004) PGA National Seminar Speaker at Bay Hill C.C. with Mike McGettrick, Craig Harmon and Randy Smith Featured speaker at seminars for the Saskatchewan PGA (1996), Michigan PGA (1997), Southern Ohio PGA (1999) and Metropolitan PGA (2007). Inventor of the revolutionary MEGSA Perfect Practice Equipment and several teaching aids including The Arm Master, The Insider and the Right on Line Appeared on infomercial for The Silent Pro teaching aid with Gary McCord, Peter Kostis, Chuck Cook and Bob Toski. Appeared live on the OVC Network promoting the Medicus Club and on the product's infomercial. Also produced a training video for the Medicus Club and served as a consultant for the company until 1997. Opened a golf academy at the Centrum Best Club near Amsterdam, Holland (1998). Served as a consultant to the Pro Golf Academy in Windsor, Ontario, Canada (1995). Currently conducting private golf schools at clubs throughout the United States, Canada and Europe during the summer months. Notable Students who Have Taken a Lesson or Lessons From Mike: Zach Johnson (PGA Tour) Jonathan Byrd (PGA Tour) Mark Hensby (PGA Tour) Lee Janzen (PGA Tour) Skip Kendall (PGA Tour) D.J. Brigrman (PGA Tour) Brian Gay (PGA Tour) Steve Pate (PGA Tour) Jodi Mudd (PGA Tour) Ted Tryba (PGA Tour) Dick Mast PGA Tour) Doug Dunakey (PGA Tour) Ryan Howison (Nationwide Tour) Seon Hwa Lee (LPGA Tour) Joo Mi Kim (LPGA Tour) Jenna Daniels (LPGA Tour) Soo Young Moon (LPGA Tour) Vicky Goetz (LPGA Tour) Kim Williams (LPGA Tour) Kathy Postlewait (LPGA Tour) Jerilyn Britz (LPGA Tour) Marlene Floyd (LPGA Tour) Vicki Hurst (Futures Tour) Jeff Coston (Champions Tour) Walt Zembriski (Champions Tour) Noted Celebrity Students: Matt Goukas (Basketball) Jim Kaat (Baseball) Additional Career Highlights 3-time NCAA College All-American (1978-1980) 2-time NCAA National Champion Division III (1979-80) 1986 Iowa PGA Section Player of the Year 1987-1989 Competed full-time on the PGA Tour 1995 North Florida PGA Section Player of the Year 1998 North Florida PGA Match Play Champion 2010 Iowa Golf Hall of Fame Inductee Media Appearances Published numerous instructional articles in Golf Digest GOLF Magazine, Senior Golfer Magazine and PGA Magazine. Multiple appearances on Golf Academy Live on The Golf Channel. Produced two instructional DVD's called Basics to a World Class Swing and Lessons with Mike Bender, Professional Advisory Staffs NIKE Golf Cleveland/Srixon Golf MEGSA Perfect Practice Equipment The Bender Stik To book a lesson with Mike call 407-321-0444. For junior golfers who aspire to play or are already playing competitive golf, the Mike Bender Elite Golf Academy Summer Golf Camp is the perfect way to elevate their game. These one week camps are designed and supervised by Mike Bender, one of Golf Digest's Top Five Best Teachers in America along with his world-class staff of highly-trained instructors who are experienced in working with every level of golfer from beginner to PGA Tour Champions. These camps incorporate our state-of-the-art training equipment and are built around the same philosophy as our full-time Elite junior program. The week long experience focuses on creating the tools necessary for each student to continue improvement in their game long after they have returned home. Our camps offer everything a competitive junior golfer needs to take their game to the next level; all aspects of the game will be emphasized. Juniors will get an exposure to all of the technology, assessments, drills, and training aids used to propel all of our current and previous junior champion golfers who have become #1 ranked amateur juniors, full ride college golf scholarship recipients, AJGA Champions, LPGA Tour Champions, and PGA Tour Champions.Mike Bender and his staff of instructors utilize V-1 video swing analysis, Trackman launch monitors, SAM Putt lab, MEGSAPerfect Practice Equipment and a multitude of patented Mike Bender teaching aids. DATES: SUMMER CAMP EXPERIENCES: FULL DAY CAMPS (Registration Deadline: June 1st) Week One - Monday, June 19th through Friday, June 23rd Week Two - Monday, June 26th through June 30th Week Three - Monday, July 3rd through July 7th Week Four - Monday, July 10th through Friday, July 14th Week Five - Monday, July 17th through Friday, July 21st Week Six - Monday, July 24th through Friday, July 28th Camps will run from 8:30am to 4:30pm daily * Each additional sibling is 10% off * PRICING: One-Week Training including Boarding \$2,200.00 One-Week Training NO Boarding \$1,750.00 Two-Weeks Training including Boarding \$4,400.00 Two-Weeks Training NO Boarding \$3,500.00 Three-Weeks Training including Boarding \$6,300.00 Three-Weeks Training NO Boarding \$5,150.00 Full-Month Training including Boarding \$8,500.00 Full-Month Training NO Boarding \$6,900.00 (5 and 6-week options available upon request) Boarding: Boarding includes the following: 5 nights at an MBEGA Condo accompanied by a chaperone 24 hours a day. (If needed, an MBEGA Partner Hotel can be used as well). (Additional nights are available at \$99 per night which includes breakfast each morning). Email peter@mikebender.com to inquire about extra night logistics, transportation from airport costs, and additional information about arriving previous to camp, staying in-between weeks (for double week attendees), and departure after camp ends. Daily transportation to and from hotel accommodations, the MBEGA Academy facility, area golf courses, lunch and dinner/entertainment each evening. (If Airport transportation is needed, please contact Peter directly). All Golf Instruction: Daily three hours of instruction with our MBEGA Staff. Any student enrolled for 2 weeks will follow the same schedule both weeks; however, there will be a continuation of his/her technical lesson focus as her/she moves into the 2nd week. Daily on-course playing lesson all 5 days of the camp. Weather contingency plans may be utilized if inclement weather occurs. One hour golf-specific fitness sessions occur twice per week One hour golf-specific mental training sessions occur once per week MBEGA goodie bag Non-Boarding: Non-boarding includes the following: Daily transportation to and from the MEGSA Academy facility and area golf courses. It is expected that non-boarding students meet at the MBEGA Academy facility each day prior to 8:30am and be picked up at the same location each afternoon at 5:00pm All Golf Instruction: Daily three hours of instruction with our MBEGA Staff. Any student enrolled for 2 weeks will follow the same schedule both weeks; however, there will be a continuation of his/her technical lesson focus as he/she moves into the 2nd week. Daily on-course playing lesson all 5 days of the camp. Weather contingency plans may be utilized if inclement weather occurs. One hour golf-specific fitness sessions occur twice per week One hour golf-specific mental training sessions occur once per week MBEGA goodie bag Acceptance is based on availability - weekly enrollment totals will be limited in order to emphasize a quality experience. Registration confirmation will be sent via email. Deadline to enroll is June 18. Sample Daily Itinerary: *Camp begins at 8:30am daily* 8:30am - 12:00pm-Each student will be placed into small groups and will cycle through different instruction stations each hour. The content of those hours will include the following: full swing, wedge game, chipping, bunkers, and putting. Within those disciplines each student will be exposed to individual assessments of their current technique, alterations to those techniques based on Mike Bender's teaching philosophy, necessary drills to both reinforce new technique and establish long term feel and performance. Periodically throughout the week, contests among other students will be developed in an effort to promote competition while simultaneously focusing on improvement and having fun. 12:00pm - 1:00pm:Lunch 1:00pm - 4:00pm:On course play. MBEGA uses a rotation of golf facilities in the greater Lake Mary and surrounding areas. Each day students will focus on elements of playing the course: shot strategy, green reading, performance goals through shot making analysis, club choice, understanding course layouts and effectively using yardage information. On course play will be accompanied by the MBEGA staff instructors. In addition, various competitions will be created to simulate competition and enjoyment of the game. Friday will consist of a formalized competition with awards to be given following play. 3:30pm - 4:30pm:Tuesday and Thursday: Scott Shepard, who is MBEGA's exclusive on-site personal trainer, will take the group through a golf-specific workout routine stressing the importance of mobility and stability exercises that are paramount for elite training in golf. Scott is MBEGA's full time personal trainer who works with all of the PGA and LPGA touring professional that are a part of the MBEGA family. He also designs and monitors all of the fitness training for the students in MBEGA's year-long full time Elite Program. Bill Nelson is MBEGA's partner for all mental golf conditioning specific to both the Elite Program and those professional and up and coming professionals who train with Mike Bender, Cheryl Anderson, and all of our staff instructors. Bill will offer an exposure to our unique mental training program and help all the students understand differences in personality, how those differences play a role in approaching competitive golf, and offer strategies to overcome mental barriers and unlock hidden potential. MBEGA Elite Summer Camp Student Profile: The purpose of this camp is to take the competitive golfer who is already accomplished in tournament play, may have already had years of golf lessons, is on track to compete at his/her high school team and who may be thinking of playing collegiately and beyond. This camp moves at an accelerated pace and MBEGA suggests that each attendee has previous knowledge in the rules of golf, understands and has felt the pressures of tournament golf, and currently plays in the low 80's and below. This camp also offers a glimpse into the full time Elite Program that is offered in conjunction with high school. Our previous attendees are mature, responsible, well rounded individuals who are looking to take a good golf game to the next level. The typical age range for this camp is 10 to 18 years of age. To learn more, please call us at (407) 321-0444 and ask for the Mike Bender Elite Golf Academy Program Director, Peter Bakker. You can also email Peter directly with questions you may have at peter@mikebender.com. All registrations for the Elite Summer Camps must be completed by clicking on the link below. Each individual lesson from our highly trained instructors begins with an interview about the current state of your game, any physical limitations that may affect your ability to swing and the goals you want to achieve with your golf game. Next, a high-speed video will be taken of your swing and after a review of the video, your instructor will show you how to make improvements using specific drills and training aids. At the end of each lesson a summary and demonstration of the key points will be recorded by the instructor and all of this information along with the initial analysis will be put into your personal online locker, which can be accessed from any computer or smart phone* One-Hour Individual Lesson: \$500 Mini-Tour Professionals and PGA Class A Professionals: \$400 Junior Golfers (under 18)*: \$250 (see details below) ** Junior Rate is \$250 for the first hour booked that week, any other lessons booked that week, will be charged at the full rate of \$500 per hour** NEW Scheduling Policies: - 20% Deposit is due at the time of booking - Cancellations or Rescheduling needs must be received within 14-days of your lesson or you forfeit your 20% deposit. - Mike's book is subject to change at any time due to tour professionals and out-of-town travel. One-Hour Individual Lesson - \$250 One-Hour Custom Club Fitting Session - \$175 3-Hour Custom Club Fitting Experience - \$350 One-Hour Individual Lesson: \$225 Juniors (under 18): \$175 Series of three, one-hour lessons ADULTS (FL Residents only): \$385 Series of three, one-hour lessons JUNIORS (FL Residents only): \$435 One-Hour Individual Adult Lesson - \$200 One-Hour Individual Junior Lesson - \$150 The Mike Bender Golf Academy offers completely customized programs taught by two National Teachers of the Year using state-of-the-art diagnostic equipment and unique proven training methods used by multiple major champions. It doesn't get any better than this. Named among the Top 25 Golf Schools in America by Golf Magazine, the Mike Bender Golf Academy would be pleased to create one of our fully-customized instruction programs for you or your group on the dates of your choice. Our academy is focused on providing the highest quality instructors and proven techniques that improve your skills and your enjoyment of the game. Most of our guests choose two to four hours of instruction each day. Instruction normally takes place in the mornings followed by lunch and then golf in the afternoons. Some students choose to add additional instruction after playing each day. Our instructors are also available to observe your play on the course. Your schedule is completely up to you and is fully customizable to your needs. All of our custom golf school programs include: All instruction fees with one of the most talented teaching staffs in America. All range balls and the use of our state-of-the-art practice facilities including our world famous MEGSA Perfect Practice Equipment. A Mike Bender Golf Academy Instructional Notebook. A Digital Video Swing Analysis. Welcome gifts. Catered Lunch Daily. The Mike Bender Golf Academy's fully-customized programs are unique among the game's top academies. To better understand your needs we have developed a short survey below. When you complete the survey, the results will be forwarded to our golf school manager who will contact you to answer your questions and to build the perfect golf school experience for your needs and budget. CUSTOMIZED GOLF SCHOOL QUESTIONNAIRE Interested in a custom golf school at our facility? Follow these steps! First, fill out our Custom Golf School Questionnaire. This brief form will give our AcademyManager an overview of exactly what it is you are looking for in your golf school experience. Secondly, our Academy Manager will then create a custom itinerary and quote for you to review. She will send you this information via the email address you provided on your questionnaire. Next, once you have received and reviewed this information and are ready to book your school, please contact our offices at 407-321-0444 to put down your \$500.00 deposit. If you would like to make any changes to the schedule, we are able to do this for you at this time as well. Lastly, you will receive a confirmation that your school has been booked and an email with some final details and instructions for your school. ALL GOLF SCHOOLS ARE RESERVED ON A FIRST-COME, FIRST-SERVE BASIS SO GET STARTED AND BOOK YOURS TODAY! PLEASE ONLY PAY YOUR DEPOSIT ONCE YOU HAVE RECEIVED A SAMPLE ITINERARY FROM OUR GOLF SCHOOL DIRECTOR AND CONFIRMED THE DATES YOU HAVE REQUESTED ARE AVAILABLE! All Reservations are booked on a first-come, first-serve basis. Dates and times cannot be held without receipt of a \$500.00 deposit. This deposit is refundable until 30 days out from the start date of your itinerary. If you must reschedule your golf school experience, your deposit will remain on your account for up to one-year from the date of purchase. To provide some direction as to what is available we have designed samples of four types of schools for your review. There are ½-day, full-day, two- and three-day school samples available below. All programs include the following: Instruction with one of the most highly-trained teaching staffs in America. Unlimited practice balls. Use of the academy practice areas including our unique wedge range. Use of the MEGSA Perfect Practice Equipment designed by Mike Bender. A Mike Bender take-home instructional notebook. Online Video of your swing including your instructor's recommendations via the use of V1 Software. Catered Lunch from Local Restaurants. Welcome gift. Sample Itinerary: Half-day school - 4 hours of instruction plus lunch 8:00am Morning Session Meet Your Instructor - Discuss your overall game and current swing issues. Your instructor will videotape your swing and use computer analysis to show you the most efficient way to improve your motion. Full Swing Lesson - Instructor will work on your full swing issues and their corresponding fixes. Short Game Lesson - Instruction on the short game will include the four key short game shot trajectories that every golfer should master (low, medium, high and flop). Bunker Shots/Putting - Instruction on greenside bunker shots and putting. 12:00-1:00pm Lunch Optional Services: * TrackMan Launch Monitor shot analysis TrackMan Launch Monitor SAM Putt Lab stroke analysis Complete Full-Bag Club Fitting Session Tempo Training Fitness Training Analysis Instructor Options: - Cheryl Anderson, Director of Instruction - Matt Wilkes, Head Instructor - Chris Holmes, Staff Instructor **FOR A CUSTOM SAMPLE ITINERARY AND QUOTE, PLEASE FILL OUT OUR GOLF SCHOOL REQUEST FORM** All programs include the following: Instruction with one of the most highly-trained teaching staffs in America. Unlimited practice balls. Use of the academy practice areas including our unique wedge range. Use of the MEGSA Perfect Practice Equipment designed by Mike Bender. A Mike Bender take-home instructional notebook. Online Video of your swing including your instructor's recommendations via the use of V1 Software. Catered Lunch from Local Restaurants. Welcome gift. Sample Itinerary Full Day School - 5 hours of instruction plus a playing lesson 9:00am Morning Session Meet Your Instructor - Discuss your game and review our mental golf profiler. Establish goals based on your discussion and profile results. (The profiler is completed online prior to attending the school). Full Swing Lesson - Using the V1 Video System your instructor will video your swing and discuss changes to be made. Implement changes on the practice range with instructor and in the MEGSA Perfect Practice Equipment designed by Mike Bender. MEGSA is one of the best systems for implementing swing changes in all of golf. Short Game Shots - Instruction on the four key short game shot trajectories that every golfer needs to master (low, medium, high and flop). 12:00-1:00pm Lunch 1:30-5:30pm Afternoon Session Pitching - Short game swing lesson using the short game range designed by Mike Bender. Putting Lesson - Covering putting stroke fundamentals, green reading and distance control. Optional Services: TrackMan Launch Monitor SAM Putt Lab stroke analysis Complete Full-Bag Club Fitting Session Tempo Training Fitness Training Analysis Instructor Options:- Cheryl Anderson, Director of Instruction- Matt Wilkes, Head Instructor- Chris Holmes, Staff Instructor**FOR A CUSTOM SAMPLE ITINERARY AND QUOTE, PLEASE FILL OUT OUR GOLF SCHOOL REQUEST FORM**